



HELLO! If you are self-isolating, I can help.

My name is

I live locally at

My phone number is

If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness

Some of your friends and neighbours may be able to help. If there is anything else that you need help with, please contact Love Banwell/Love Congresbury on 01934 822858 or 01934 833126. Facebook @LoveBanwell or @LoveCongresbury or email lisa.stannard@newcreationchurches.org.uk or kirsty.bowles@newcreationchurches.org.uk



HELLO! If you are self-isolating, I can help.

My name is

I live locally at

My phone number is

If you are self-isolating due to COVID-19 I can help with:

- Picking up shopping
- Posting mail
- A friendly phone call
- Urgent supplies

Just call or text me and I'll do my best to help you (for free!)

Coronavirus is contagious. Please take every precaution to ensure you are spreading only kindness. Avoid physical contact (2m distance). Wash your hands regularly. Items should be left on your doorstep.

#ViralKindness

Some of your friends and neighbours may be able to help. If there is anything else that you need help with, please contact Love Banwell/Love Congresbury on 01934 822858 or 01934 833126. Facebook @LoveBanwell or @LoveCongresbury or email lisa.stannard@newcreationchurches.org.uk or kirsty.bowles@newcreationchurches.org.uk